

NEXTGEN STUDIOS

ALLSTARZ CHEER



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SEASON 3

EST - 2024



NEXTGEN STUDIOS ALLSTARZ CHEER



NEXTGENCHEER@OUTLOOK.COM

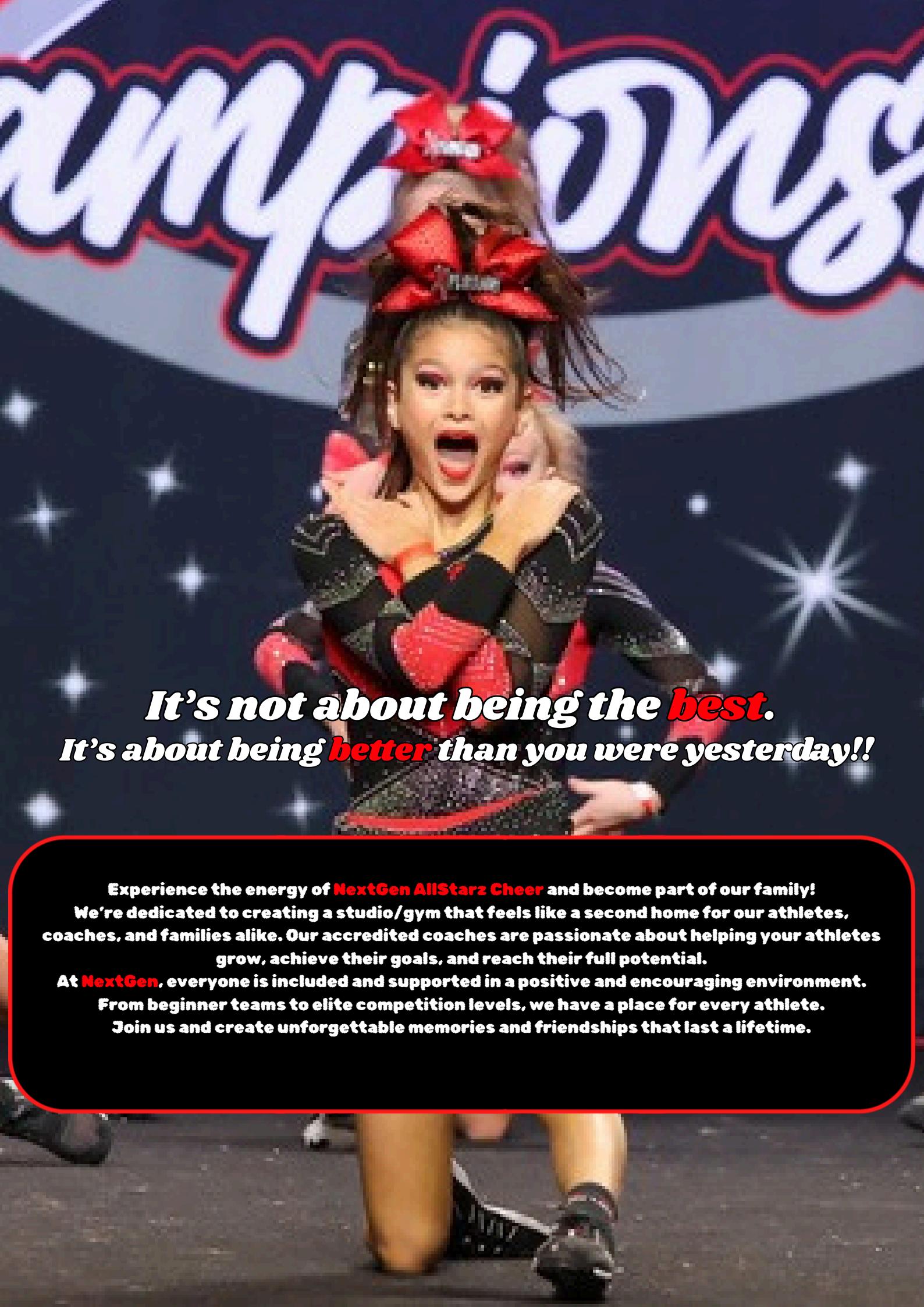


NEXTGEN STUDIOS - ALLSTARZ CHEER WA

WEBSITE : NEXTGENSTUDIOS.COM.AU



Unit 2/30 Strickland St
Bunbury WA 6230



***It's not about being the best.
It's about being **better** than you were yesterday!!***

Experience the energy of **NextGen AllStarz Cheer** and become part of our family! We're dedicated to creating a studio/gym that feels like a second home for our athletes, coaches, and families alike. Our accredited coaches are passionate about helping your athletes grow, achieve their goals, and reach their full potential.

At **NextGen**, everyone is included and supported in a positive and encouraging environment. From beginner teams to elite competition levels, we have a place for every athlete. Join us and create unforgettable memories and friendships that last a lifetime.

New Families



So, you've decided to see what cheer in the South West has to offer !!

Welcome to the Red & Black Family!!

We understand that the world of All Star Cheerleading can seem complex and a bit daunting and maybe overwhelming for new parents but please rest assured—we're here to guide you through every step and make the process as smooth as possible as we are here to provide support and answers to any questions you may have.

Please contact us by

+ Phone Call

+ Email

+ In House Meeting

WHAT EVER



KINDY COMBO

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LOW COMPETITIVE

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HIGH COMPETITIVE

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TUMBLING & PRIVATES

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FLYER STRETCH

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LEVEL REQUIREMENTS

Page 7

Kindy Combo



Once per week



Yearly commitment



Information about team

Kindy Combo is the ideal starter team for young beginners stepping into All Star Cheerleading for the very first time.

Athletes train once a week for 30 minutes, focusing on the foundations of cheerleading and tumbling in a safe, upbeat and supportive environment.

While this team doesn't attend state competitions, they do shine at our Mid-Year Showcase and are celebrated at our End-of-Year Awards Night.

TEAM	AGES	JOINING FEE	TERM FEE
Tiny "Ladybugs" 30 Minutes per week	3yrs-6yrs	\$109	\$150



Additional Costs

Training sets Includes - Crop, Shorts & Socks	\$150
Cheer Shoes All Black Slip On, To be purchased by parent	\$10
Performance Bow/s	\$35

How To Join

Step 1 - Contact us to book a free trial

Step 2 - Joining fee is due upon enrolment

Step 3 - We'll send you the details for the term



Low Competitive



Once per week



Yearly commitment



Information about team

Open Adult AllStar Cheer is designed for athletes aged 14+ who are ready to challenge themselves, grow their skills, and the excitement of AllStar cheer in a supportive team environment. Our dedicated coaches guide athletes through stunting, jumps, and performance skills while fostering confidence, teamwork, and lasting friendships.

Whether you're returning to the sport or trying something new, Open Adult AllStar Cheer offers the perfect blend of athleticism, fun, and community.

TEAM	AGES	JOINING FEE	TERM FEE
Open Adult Team "Code Red" 1 hour per week	14+	\$109	\$199



44 Installments
Additional Costs

Competition Uniform + Spats 2 - 3 years use	\$475
Cheer Shoes Black Nfinity Flyte	\$205
Competition Bow	\$35
Choreography/Music 2026 Routine Choreography	\$270
Competition Pack Athlete Entry	\$200

High Competitive



Once per week

Yearly commitment

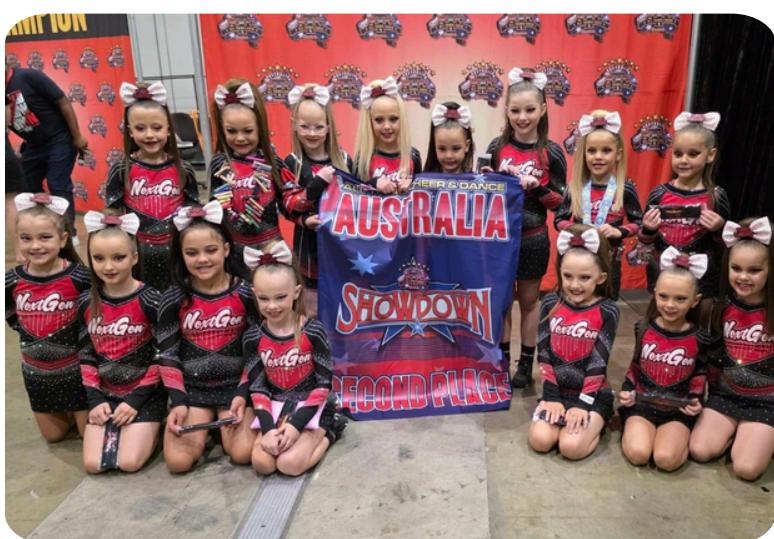
Information about team

Low Competitive teams offer all the excitement and build-up of competition season, while still keeping things fun and achievable.

They're a great stepping stone for athletes looking to grow their skills, build confidence, and transition into the wider world of All Star Cheerleading. These teams train once a week and perform at the Mid-Year Showcase, End-of-Year Awards Night, and attend three State Competitions throughout the season.



TEAM	AGES	JOINING FEE	WEEKLY FEE
Mini Novice Level 1 "Turbo Tumblers" 2.5 hours per week	5yrs-9yrs	\$109	\$46.28 Includes Tumble & Comp Fee
Youth Level 1 "Tsunami's" 2.5 Hours a week	6yrs-12yrs	\$109	\$46.28 Includes Tumble & Comp Fee
Junior Level 1 "Tornados" 2.5 hours per week	8yrs-15yrs	\$109	\$46.28 Includes Tumble & Comp Fee



44 Installments Additional Costs

Competition Uniform 2 - 3 years use	\$385 - \$450
Training sets Includes - Crop, Shorts & Socks	\$150
Cheer Shoes Black Nfinity Flyte	\$205
Competition Bow	\$35
Choreography/Music 2026 Routine Choreography	\$270
Competition Pack Athlete Entry	\$440

NextGen

24

High Competitive



Twice per week



Yearly commitment



Information about team

Highly Competitive teams require specific skills to join, and are coached by our qualified and dedicated staff.

Athletes train 4–6 hours per week as they prepare for three State Competitions, the Mid-Year Showcase, and the End-of-Year Awards Night. These teams are where athletes build trust, resilience, and long-lasting friendships both on and off the mat. Tumbling classes are compulsory to ensure athletes develop the confidence and skill level required (see page 6).

TEAM	AGES	JOINING FEE	WEEKLY FEE
Junior Level 2 “Xplosion” 5 hours per week	8yrs- 15yrs	\$109	\$78.10 Includes Tumble & Comp Fee
Senior Level 3 “Killer Queens” 5 hour per week	11yrs- 18yrs	\$109	\$78.10 Includes Tumble & Comp Fee



44 Installments

Additional Costs

Competition Uniform 2 - 3 years use	\$475 - \$550
Training sets Includes - Crop, Shorts & Socks	\$150
Cheer Shoes Black Nfinity Flyte	\$205
Competition Bow	\$35
Choreography/Music 2026 Routine Choreography	\$270
Competition Pack Athlete Entry	\$440

TUMBLING



Information about team

Tumbling is a large component of a cheer routine so therefore at NextGen Studios we thrive to have our tumbling at a high standard. With our qualified and experienced coaches we teach technique in a **safe and secure environment**.

All athletes that are in Low & High Competitive teams we highly suggest they attend the appropriate tumble class for their skill level.

We encourage our new athletes to join a tumble class to gain knowledge and skills before joining a team.

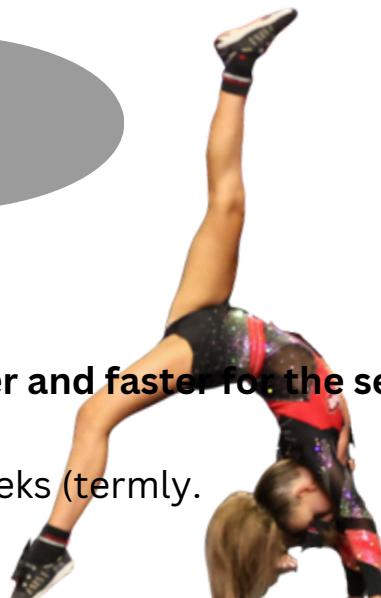
CLASS	TERM FEE
Tumble Class 1hour per week	\$205

PRIVATES

Information about privates

Privates are a great way to advance to new skills quicker and faster for the season.

Semi-privates and private lessons are booked for 10 weeks (termly).



PRIVATES	TERM FEE
Private Lessons	\$450
Semi - Private Lessons (2 Athletes)	\$600 (\$300 each)

FLYER STRETCH



Once per week



30 Minute Class



Information about team

It's compulsory for all athletes that are in a competitive team and have been chosen to be a flyer to attend at least one Flyer Stretch class a week.

In this class the athletes undertake a series of stretching to improve their flying.

This class is also open to non-flyers to gain the strength & conditioning to enhance their own training for other skills. This class is very beneficial for everyone.

CLASS	TERM FEE
Flyer Stretch	\$100

How To Join

Step 1 - Contact us to book a free trial

Step 2 - Joining fee is due upon enrolment

Step 3 - We'll send you the details for the term



Level Requirements

Division	Birth Year
Tiny	2021 - 2020
Mini	2021 - 2017
Youth	2020 - 2014
Junior	2018 - 2011
Senior	2015 - 2008
Open	2012 or earlier

All athletes of **NextGen Studios** new or current and wanting to move up a level must be able to demonstrate all skills required in that level. Demonstrating any additional skills is also preferred.

Division	Required Skills	Additional Skills
Kindy	<ul style="list-style-type: none"> • No experience needed 	<ul style="list-style-type: none"> • No experience needed
Recreational	<ul style="list-style-type: none"> • Forward & Backward Rolls • Standing Bridge • Cartwheel 	<ul style="list-style-type: none"> • Handstand Bridge • Bridge To Standing • Bridge Kickover
Novice	<ul style="list-style-type: none"> • Forward & Backward Rolls • Bridge Kickover • Cartwheel 	<ul style="list-style-type: none"> • HandStand Bridge • Bridge To Standing • Round Off
Level 1	<ul style="list-style-type: none"> • Front & Back Walkovers • Round Off • Cartwheel Switch 	<ul style="list-style-type: none"> • Back Walkover Switch • 3x Connected Back Walkovers • Front Walkover Cartwheel Back Walkover
Level 2	<ul style="list-style-type: none"> • Standing Flick (Back HandSpring) • Flick Step Out Back Walkover Flick • Cartwheel Flick • Round Off Flick 	<ul style="list-style-type: none"> • Round Off 3x Flicks (Back HandSpring) • Front WalkOver Round Off Flick • Front HandSpring • Front Fly Spring
Level 3	<ul style="list-style-type: none"> • Round Off Tuck • Front Walkover Round Off Tuck • Aerial • Pike Jump 3x Flicks (Back HandSpring) • Front Tuck 	<ul style="list-style-type: none"> • Round Off Flick Tuck • Front Walkover Round Off Flick Tuck • Front Tuck Round Off Tuck • Aerial Round Off Tuck • Front WalkOver Aerial
Level 4	<ul style="list-style-type: none"> • Round Off Layout • Standing 2x Flicks To Tuck • Standing Tuck 	<ul style="list-style-type: none"> • Front Tuck Step Out Round Off Layout • Round Off Whip Tuck

2026 Competition Schedule

	Kindy / Recreational	Low Competitive	High Competitive
NextGen Studios Mid Year Showcase 2026 1st August 2026 Venue - South West Italian Club			
AUSSIE GOLD 8th - 9th August 2026 Venue - Perth HPC Stadium			
AACSF STATES 21st - 23rd August 2026 Venue - Perth HPC Stadium			
ATC SHOWDOWN 2 Day Comp* 6th - 8th November 2026 Venue - Perth Convention Centre			
NextGen Studios End Of Year / Awards Gala 2026 21st / 22nd November Venue - Adventure World TBC			
AASCF NATIONALS 26th November - 30th November Gold Coast Convention and Exhibition Centre - Queensland			

Competitions are subject to change dates

All Competition details will be released 1-2 weeks prior to competition

2026 Annual Calender

Term 1

26th/27th January 2026
2nd February 2026
9th - 14th February 2026
2nd February - 27th February 2026
21st February 2026
2nd March 2026
8th March 2026
30th March - 2nd April 2026
2nd April 2026
2nd - 19th April 2026
3rd April 2026
3rd - 6th April 2026
25th April 2026
19th April 2026

Australia Day
Term 1 Begins
Valentines Dress up week
Week 1 - Week 4
Welcome Function BBQ
Labour Day (Gym Closed)
Eaton Foreshore Festival
Bring A Friend Week
Last Day Term 1
School Holidays (Gym Closed)
Good Friday (Gym Closed)
Easter Long Weekend
ANZAC Day (Gym Closed)
School Holidays Finishes



Term 2

20th April 2026
1st June 2026
3rd July 2026
4th - 19th July 2026
19th July 2026

Term 2 Begins
Western Australia Day (Gym Closed)
Last Day Of Term 2
School Holidays (Gym Open)
School Holidays Finishes



Term 3

20th July 2026
1st August 2026
8th - 9th August 2026
21st - 23rd August 2026
7th - 11th September 2026
25th September 2026
26th September - 11th October 2026 School Holidays (Gym Open)
28th September 2026 King's Birthday # (Gym Closed)
11th October 2026

Term 3 Begins
Mid Year Show-Offs
Aussie Gold
AASCF States
R U OK? Week
Last Day Term 3
School Holidays Finishes



Term 4

12th October 2026
6th - 8th November 2026
21st November 2026
26th - 30th November 2026
1st December 2026
4th December 2026
13th December 2026
TBC
TBC
December 24th - 25th - 26th 2026

Term 4 Begins
ATC ShowDown
Awards Gala
AASCF NATIONALS WEEK
AASCF Coaches Conference
Last Day for 2025
Bunbury Christmas Parade
2027 Tryouts
2027 Registration
Merry Christmas



***PROGRAM GUIDE AND
CODE OF CONDUCT***

2026

Uniforms & Merchandise

What to wear to class?

Cheerleading/Tumble/Flyers Stretch/Class Attire

Please wear appropriate active/athletic clothing to every class.

- Shorts - Appropriate length shorts.
- Leggings - 100% acceptable in winter, but if you are a flyer please avoid as it can be difficult to grip in stunting.
- Shirts - NO oversized shirts!! They are too floppy and body parts can get caught in them.
- Sport Bras - Correct sport bras are to be worn to every class.
- Cheerleading Shoes - These can be purchased through (Cheer direct) and worn to EVERY class.

NextGen Studios & Competition Shirts

These are the only two appropriate apparel items.

- 2024 - 2025 - 2026 NextGen Studios Cheer & Dance T-Shirts.
- Any shirts from previous state or national competitions.

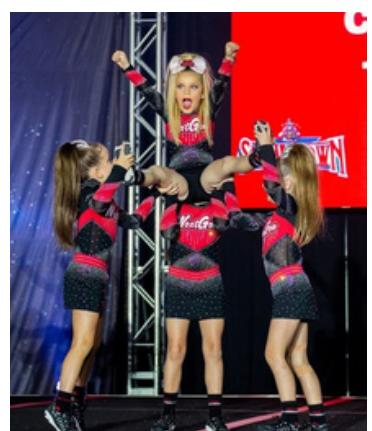
NextGen Studios Training Gear

NextGen AllStarz training gear is compulsory for ALL ATHLETES!! Coaches will size you up upon enrolment. Payment is due upon ordering.

- NextGen AllStarz (Red, Black & White Sparkly Crop Top)
- NextGen AllStarz (Red, Black & White Sparkly Shorts)
- NextGen AllStarz (Red, Black & White Socks)

NextGen Studios Cheerleading Competition Uniforms

Tiny - Mini - Youth - Junior Level 1



- All Level 1 - Uniforms are full length tops (bodysuit) with clips.
- Skorts (Skirt with shorts underneath (attached) Pin straight skirt.
- NextGen team bow.
- NextGen Socks to be worn with All Black Nfinity Flyte Shoes.

Sizing will take place in term 1 & 2, payment is DUE upon ordering!!

COMING SOON

Junior Level 2, Senior Level 3 and Open Adult Team

New Uniform coming soon



Competitions

Competition Information

ARRIVING AT COMPETITIONS

“BRING YOUR PERSONALITY, FACIALS & BIG SMILES“

- A waiver for EACH competition will be sent out to all of you. We can see if someone hasn't signed a waiver and therefore if an athlete/s waiver is not signed before the competition unfortunately they CANNOT compete.
- Everyone has to arrive 2hrs before they're check in time to meet with their coaches & team mates and to collect a wristband (only athletes) Parents/Guardians you'll need to collect your own wristband at the ticket booth at the venue or online.
- Before arriving, competition makeup, hair & uniforms/bows must be completed/worn upon arrival! This will be checked by their coach.
- Photos & videos will be taken outside of the venue.
- Parents/Guardians are more than welcome to tag along to collect your own photos. (Please just be mindful of other athletes.
- Once photos & videos have been taken parents/guardians will leave their athlete with the coaches and head into the venue/stage to find a seat to watch your athletes and their team. We highly recommend and support all NEXTGEN Families sit together until performance/s are finished. After they perform the athletes get to watch a replay of their routine so don't stress if they haven't come out immediately as this takes approx. 5-10 minutes.
- Closer to the competition dates, emails & reminders will be sent out with the following information; Dates, Arrival time, Check In Time, Where & When to Warm Up, Time on Stage & Time for their awards. Please be mindful that competitions don't send out information until 1-2 weeks prior.
- Within arrival, athletes must find their coach & team mates & stay with them at all times until released back to their parent/guardian after their performance.
- Under NO Circumstances are parents/guardians allowed backstage at competitions. Once the team has performed parents/guardians please make your way back to the waiting area to collect your athlete/s & wait for awards.
- Once awards have finished you are more than welcome to leave or stay to watch the other teams from NextGen & show your support.
- No bullying or harassment is tolerated at these events! If anything of this situation happens, you'll be removed off the premises and requested to attend a meeting with NextGen prior to the athlete(s) next training class.
- It is your responsibility to take care of Uniforms, Bows, Jackets, T-Shirts, Socks etc. Our coaches do one last look around the waiting area before we leave and if anything has been forgotten it will be taken back to the gym. However, if anything gets damaged/broken or lost NextGen takes NO responsibility. Therefore that item will need to be replaced at your cost by the next competition.

Competitions

Competition Information

Checklist for Competitions

Clothing

- NextGen Training Set
- Competition Uniform
- NextGen Bows
- NextGen Socks
- Nfinity Black/White Shoes
- NextGen Jumper *optional*
- NextGen T-Shirt
- Fake Tan (Bondi Sands)

Make-up

- Red & Black Eyeshadow palette, & Red Lipstick (NextGen)
- Foundation (To match Tan)
- Mascara & Lashes
- Blush & Highlighter



Continued



Hair

- High ponytail (Flyaways slicked back)
- Gel & Hairspray is a must
- Cheer pony
- Cheer Pony, SEW into Hair
- Pony to be teased
- Competition Bow pinned in (Own bobby pins to match your hair)

FAQ & IMPORTANT INFO

Attendance

We understand that life happens and events do occur, however in competition season **NO holidays** are allowed to be taken 3 or more weeks out from competition. Please speak with our coach. Below are approved reasons and unapproved reasons.

Approved Reasons

- Weddings
- School events (Camps, Graduations, Balls)
- Contagious Illness (See below)
- Family Emergencies
- Religious reasons

Unapproved Reasons

- Social/Events (parties)
- “Don’t feel like it”
- Withholding a child from training as a form of punishment
- Minor Injuries/ Recovery (See below)
- Holidays

Illness / Injuries

If you are extremely ill or contagious and unable to attend training and sit out and watch you must contact reception. In these cases a Doctors note is required. **If you are ill or have an injury attendance is still required to be with your team. (To be aware of any choreography changes etc)**. This shows your coach and your teammates that you are committed to the team and are a team player.

Parking & Driving

NO stopping in the middle of the road, or across from driveways or staff parking!! If there is no car spots in our car bays either in front of the building or around the side please park down the road at the extra car bays near clark rubber. **No stopping in other peoples/business driveways!!** Nearby home owners/business have expressed their concerns.

Health First

We've 100% got to put our bodies first with extreme training. You can maintain the stress you put your body in by eating good food, sleep and meditation. As it's extremely important to take care of our bodies. We need our athletes to be eating healthy, nourishing, balanced diet and getting rest that they need from the intense and hard trainings.

Heat Policy

Heat Policy in Australia is no joke!! Our gym is a big shed which attracts a lot of heat. We have aircons installed and fans around the gym as well as a big roller door that has been insulated. When athletes attend our classes at **NextGen AllStarz Cheer and Dance** they must bring a water bottle to every class. We have facilities where they can fill up their bottles in case of an emergency. As being dehydrated can affect their health and can play on their bodies whilst training. However trainings will only be cancelled, postponed, or plan for a different day if the temperature is to be forecast for 30 degrees and higher.

FAQ & IMPORTANT INFO

Social Media Policy

NextGen AllStarz Cheer and Dance acknowledge our parents and athletes rights to contribute content to social media platforms including, Facebook, Instagram, TikTok, Snapchat, Youtube. However posting inappropriate content on these platforms will have a negative effect on all parties. The following rules must apply for NextGen AllStarz Cheer and Dance parents and athletes.

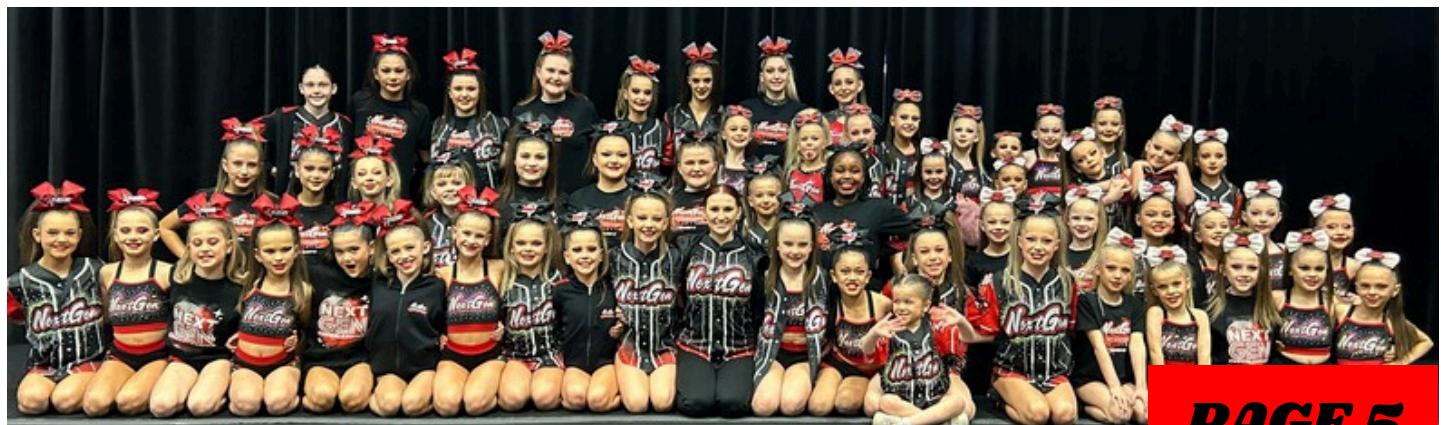
- Our parents and athletes must not share any content of their routines or trainings on social media without our permission first.
- Any posts on social media platforms that apply in NextGen Studios merchandise, apparel or representing NextGen Studios in a negative way will have serious actions taken.
- Parents & Athletes are not permitted to create private groups/chats outside of our Facebook group page, which will be new in 2026.
- Parents & Athletes are refrained from messaging staff via their personal Social Media Platforms. All enquiries, questions and conversations are to be done via our “Facebook group page” or email “nextgencheer@outlook.com”.

All parents and athletes are required to comply with our rules at NextGen Studios - AllStarz Cheer and Dance. We hold our families to a high standard and if any of these rules are to be broken, disciplinary will be taken.

How To Be A Good Athlete/Parents Attitude Is Everything!

As NextGen Studios - AllStarz Cheer and Dance we strive in watching our athletes rise and become over challenging events. As a parent, we need you to keep an open communication between all. As for an athlete what they need from you is to be their parent, not their coach or judge. We want you to be their supporter, be their encouragement and be their cheerleader!! Help us Help your athlete!!

Don't forget - When you allow athletes to feel success - without working hard in preparation or getting through struggles, you aren't building confidence - you're teaching them that everything comes easy (false confidence). True confidence comes from intense, purposeful preparation and fighting through failure - being a coachable athlete.



Code Of Conduct

Behaviour

- I, the applicant or I, the parent or legal guardian of the applicant listed overleaf, hereby give approval of the athletes participation in any of the cheer/dance class(s) registered.
- All parents/guardians and athletes will RESPECT and cooperate with all Director/Coach instructions and decisions. If any parent/guardian/athlete have a complaint or grievance, this is it be put in writing via email which will be addressed by the Director accordingly.
- All parents/guardians and athletes will RESPECT others in the class regardless of gender or ability. This includes bullying or violence of any kind. Any persons shown to be bullying other students will be on a 3-strike warning system. We strive for a happy environment for our athletes and take zero tolerance to this behavior.
- Athletes are requested to arrive 5 minutes prior to their class, enter quietly so as not to disturb the previous class and be ready to begin the class at the appointed time.
- Classes will be closed for viewing to Parents/Guardians; However, you will have the chance to stay and watch upon the coaches decision for the last 10 minutes of classes, with Term 4 being our SHOWCASE for Family & Friends.
- Athletes are asked to wear class training wear, being black, white, red or NextGen merchandise for both boys & girls as per uniform requirements. Hair should be neat and tidy and pulled back for classes.
- All Levels competing in competitions will be required to wear the correct attire to events, by purchasing a NextGen Studios Uniform as well as Training Wear/Jacket on acceptance of registration.
- *Order forms will be available by second week of Term 1.
- Correct footwear is to be worn at all times for classes. Cheer will require Black Nfinity Flyte Shoes with NextGen Crew Sock.
- Students are encouraged to bring a bottle of water to each class.
- No food/chewing gum will be permitted in the gym area.
- There will be a NO Phone policy in the gym area for athletes and are to be placed on silent upon class commencement.
- All students (under 18 years) MUST stay in the foyer until collected by a Parent/Guardian. Children will NOT be dismissed into the Car Park area.
- In the event of an absence, please notify the Director/Coach via SMS prior to the class time. Would appreciate no more than 2 absences per term if possible.
- NextGen Studios shall not be held responsible for loss of property, theft, and/or property damage or otherwise.
- If any child exhibits behavior that is dangerous or unacceptable to herself/himself and/or to other students, the Director/Coach reserves the right to remove the child from the class and will not be held liable for any such injury to athletes or patrons.
- All students participate at their own risk and warrant that they are physically fit to with-take classes registered, rehearsals & performances, as well as any activities involved with NextGen Studios.
- It is the right of NextGen Studios Director to cease tuition for individuals who do not adhere to the above.

Film And Photography

- I, on behalf of athlete(s), I hereby give permission to NextGen Studios to film and photograph the student, for use in advertising purposes only for promotion, publicity, marketing of classes for NextGen Studios.

NB: Under no circumstances are parents/athletes to film or photograph whilst classes are being held, unless advised by their Coach.

Sign here :



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